



MONTH	DATE	TIME	EVENT
APRIL 	MONS.	2 PM	<ul style="list-style-type: none"> •Senior Bingo •AARP/SCSEP Senior Tour •Intergenerational Garden Project <p>Seniors and Youth Community Garden Planting in observance of Global Youth Service Day and National Volunteer Week. Site: The community garden is located in the lot adjacent to the Urban League. Goal: Grow fresh vegetables and fruit to promote healthy eating and positive interaction between youth and seniors.</p>
	FRI. 4/24	3 PM	
MAY NATIONAL OLDER AMERICANS MONTH 	MONS.	12:30 PM	<ul style="list-style-type: none"> •Senior Bingo and Senior Dance Class •AARP/SCSEP Senior Tour •Senior Conversations <p>Seniors discuss Access to Services, Transportation, Accessible Health Care, Social and Leisure activities that make a senior friendly community *A Collaboration with Forsyth County Aging Services Planning Committee</p>
	THURS. 5/14	1:30-3:00PM	
	WEDS. 5/20	10 AM	<ul style="list-style-type: none"> •Senior Health Fair •Senior Job Fair <p>Health and Medical Providers Conduct Screening provide health information. Winners of Piedmont Plus Senior Games will be presented awards for their achievements Senior Friendly Employers discuss employment opportunities and training institutions meet job seekers</p>
	WEDS. 5/28	9 AM	
JUNE 	MONDAY	2 PM	<ul style="list-style-type: none"> •Senior Bingo •AARP/SCSEP Senior Tour •Senior Dance Series <p>Group dance instruction promotes fitness and movement and current dance routines taught at a pace comfortable for mature adults</p>
	THURSDAY	*TBD	
JULY	MONDAYS	2 PM	<ul style="list-style-type: none"> •Senior Bingo •Senior Dance Series •AARP/SCSEP Senior Tour
	THURSDAYS	*TBD	
AUGUST	MONDAYS	2 PM	<ul style="list-style-type: none"> •Senior Bingo •AARP/SCSEP Senior Tour
SEPTEMBER 	MONDAYS	2 PM	<ul style="list-style-type: none"> •Senior Bingo •AARP/SCSEP Senior Tour •Urban League Job Fair <p>Major area employers discuss job opportunities in the Triad Area. Seniors should bring extra resumes and be prepared to get that job.</p>
	FRIDAY-18th	9 AM to 4 PM	
OCTOBER	MONDAYS	2 PM	<ul style="list-style-type: none"> •Senior Bingo •Senior Dance Series •AARP/SCSEP Senior Tour •Senior Health Fair <p>Health Screenings and Information</p>
	MONDAYS/WEDS. 11 TH	2 PM *TBD	
NOVEMBER	MONDAYS	2 PM	<ul style="list-style-type: none"> •Senior Bingo •AARP/SCSEP Senior Tour •Senior Dance Series
	TUESDAYS	*TBD	
DECEMBER	MONDAYS	2 PM	<ul style="list-style-type: none"> •Senior Bingo •AARP/SCSEP Senior Tour •Senior Dance Series
	TUESDAYS	*TBD	

BINGO!

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